

Week 1	Breakfast	Snack	Lunch	Snack	Tea
Monday	<p>Corn flakes Rice snaps Toast or fruit Milk or water Contains, Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit  Milk or water  Contains, Dairy</p>	<p>Tuna, Pasta Sweetcorn Water  Contains, Wheat, Fish</p>	<p>Oranges, apples and pears</p>	<p>Ham/cheese Sandwiches With cucumber or carrot Contains, Dairy, Gluten, Wheat, Soya</p>
Tuesday	<p>Corn flakes Rice snaps Toast, or fruit Milk or water Contains, Wheat, Gluten, Dairy, Soya</p>	<p>Freshly made fruit  Milk or water  Contains, Dairy</p>	<p>Chicken curry Ond rice Water Contains, Milk, Mustard, May, contain Nuts</p>	<p>Cheese and crackers  Contains, Dairy Wheat</p>	<p>Beans on toast  Contains, Wheat, Soya, Dairy</p>
Wednesday	<p>Corn flakes Rice snaps Toast, or fruit  Milk or water Contains, Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit  Milk or water Contains, Dairy</p>	<p>Roast chicken Ond roast veg  Water</p>	<p>Cheese, breadsticks Cucumber and Sweetcorn  Milk and water Contains, Barley, Wheat, Sesame, Dairy</p>	<p>Vegetable soup  Water</p>
Thursday	<p>Corn flakes Rice snaps Toast, or fruit Milk or water Contains, Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit  Milk or water Contains, Dairy</p>	<p>Sausage and mash potatoes with broccoli Water Contains, Wheat, Sulphur</p>	<p>Banana Biscuit Pears Milk or water Contains, Barley, Wheat, Sesame, Dairy</p>	<p>Cheesy nachos  Water Contains, Dairy</p>
Friday	<p>Corn flakes Rice snaps Toast, or fruit Milk or water Contains, Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit  Milk or water Contains, Dairy</p>	<p>Fish fingers chips and peas  Water Contains, Fish, Wheat</p>	<p>Apples Banana Pears Milk or water Contains, Dairy</p>	<p>Crumpets with marmite or jam  Water Contains, Wheat, Dairy Celery, Barley</p>

Week 2	Breakfast	Snack	Lunch	Snack	Tea
Monday	<p>Corn flakes Rice snaps Toast, or fruit Milk or water Contains, , Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit</p> <p>Milk or water Contains, Dairy</p>	<p>Cheesy pasta And ham</p> <p>Water Contains, Wheat, Dairy</p>	<p>Oranges, Resins Banana Milk or water Contains, Dairy</p>	<p>Noodles and French bread</p> <p>Water Contains, Wheat</p>
Tuesday	<p>Corn flakes Rice snaps Toast or fruit Milk or water Contains, , Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit</p> <p>Milk or water Contains, Dairy</p>	<p>Spaghetti Bolognese</p> <p>Water Contains, Nuts, Wheat</p>	<p>Biscuits Apples Cut up grapes Milk or water Contains, Barley, Wheat, Sesame, Dairy</p>	<p>Cheese and hand rolls with tomato's water Contains, Dairy, wheat, Soya</p>
Wednesday	<p>Corn flakes Rice snaps Toast, or fruit</p> <p>Milk or water Contains, , Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit</p> <p>Milk or water Contains, Dairy</p>	<p>Roast chicken and roast veg</p> <p>Water</p>	<p>Melon And natural yoghurt</p> <p>Milk or water Contains, Dairy</p>	<p>Vegetable soup</p> <p>Water</p>
Thursday	<p>Corn flakes Rice snaps Toast, or fruit Milk or water Contains, , Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit</p> <p>Milk or water Contains, Dairy</p>	<p>Veg stew with potatoes</p> <p>Water</p>	<p>Oranges Apples Cracker Milk or water Contains, Dairy Wheat</p>	<p>Jacket potatoes with tuna or spaghetti Water Contains, Wheat</p>
Friday	<p>Corn flakes Rice snaps Toast, or fruit Milk or water Contains, , Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit</p> <p>Milk or water Contains, Dairy</p>	<p>Shepherds Pie and veg</p> <p>Water</p>	<p>Melon Breadsticks Resins Milk or water Contains, Wheat, Dairy</p>	<p>Ham or cheese wraps With cucumber</p> <p>Water Contains, Wheat, Gluten</p>

Week 3	Breakfast	Snack	Lunch	Snack	Tea
Monday	Corn flakes Rice snaps Toast, or fruit Milk or water Contains, , Wheat, Gluten, Dairy Soya	Freshly made fruit  Milk or water Contains, Dairy	Tomato pasta with fresh veg  Water Contains, Wheat	Melon And natural yoghurt Milk or water Contains, Dairy	Ham/cheese Sandwiches With cucumber or carrot Contains, Dairy, Gluten, Wheat, Soya
Tuesday	Corn flakes Rice snaps Toast, or fruit Milk or water Contains, , Wheat, Gluten, Dairy Soya	Freshly made fruit  Milk or water Contains, Dairy	Mince chili and rice  Water	Melon Breadsticks Raisins Milk or water Contains, Dairy	Beans on toast  Contains, Wheat, Soya, Dairy
Wednesday	Corn flakes Rice snaps Toast, or fruit  Milk or water Contains, , Wheat, Gluten, Dairy Soya	Freshly made fruit  Milk or water Contains, Dairy	Roast chicken And roast veg  Water	Cheese, breadsticks Cucumber and sweetcorn  Milk or water Contains, Wheat, Dairy	Vegetable soup  Water
Thursday	Corn flakes Rice snaps Toast, or fruit Milk or water Contains, , Wheat, Gluten, Dairy Soya	Freshly made fruit  Milk or water Contains, Dairy	Ham mash and veg  Water	Biscuits Apples Cut up grapes Milk or water Contains, Dairy, Wheat	Cheesy nachos  Water Contains, Dairy
Friday	Corn flakes Rice snaps Toast, or fruit  Milk or water Contains, , Wheat, Gluten, Dairy Soya	Freshly made fruit  Milk or water Contains, Dairy	Fresh homemade pizza with homemade potatoes salad And salad Water Contains, Wheat	Apples Banana Pears  Milk or water Contains, Dairy	Crumpets with marmite or jam  Water Contains, Wheat, Dairy Celery, Barley

Week 4	Breakfast	Snack	Lunch	Snack	Tea
Monday	<p>Corn flakes Rice snaps Toast, or fruit Milk or water Contains,</p> <p>Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit</p> <p>Milk or water Contains,</p> <p>Dairy</p>	<p>Ham and pasta bake with veg</p> <p>Water Contains,</p> <p>Wheat</p>	<p>Oranges, apples and pears</p> <p>Milk or water Contains,</p> <p>Dairy</p>	<p>Noodles and French bread</p> <p>Water Contains, Wheat</p>
Tuesday	<p>Corn flakes Rice snaps Toast or fruit Milk or water Contains,</p> <p>Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit</p> <p>Milk or water Contains,</p> <p>Dairy</p>	<p>Chicken curry And rice</p> <p>Water Contains,</p> <p>Milk Mustard May contain Nuts</p>	<p>Apples Banana Pears Milk or water Contains,</p> <p>Dairy</p>	<p>Cheese and hand rolls with tomato's water Contains, Dairy, wheat, Soya</p>
Wednesday	<p>Corn flakes Rice snaps Toast, or fruit</p> <p>Milk or water Contains,</p> <p>Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit</p> <p>Milk or water Contains,</p> <p>Dairy</p>	<p>Roast chicken And roast veg</p> <p>Water</p>	<p>Biscuits Apples Cut up grapes</p> <p>Milk or water Contains, Barley, Wheat, Sesame, Dairy</p>	<p>Vegetable soup</p> <p>Water</p>
Thursday	<p>Corn flakes Rice snaps Toast, or fruit Milk or water Contains,</p> <p>Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit</p> <p>Milk or water Contains,</p> <p>Dairy</p>	<p>Shepherds Pie and veg</p> <p>Water</p>	<p>Cheese and crackers</p> <p>Milk or water Contains,</p> <p>Wheat, Dairy</p>	<p>Jacket potatoes with tuna or spaghetti Water Contains, Wheat</p>
Friday	<p>Corn flakes Rice snaps Toast, or fruit Milk or water Contains,</p> <p>Wheat, Gluten, Dairy Soya</p>	<p>Freshly made fruit</p> <p>Milk or water Contains,</p> <p>Dairy</p>	<p>Sausage and mash potatoes with broccoli</p> <p>Water Contains,</p> <p>Wheat, Sulphur</p>	<p>Apples Banana Pears Milk or water Contains,</p> <p>Dairy</p>	<p>Ham or cheese wraps With cucumber</p> <p>Water Contains,</p> <p>Wheat, Gluten</p>